



Presented to you by the inventor of Pre~Seed Intimate Moisturizer, Dr. Joanna Ellington

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Dr. C

dr.e on Apr 23rd 2009 at 11:28 am

FertilAid's Beneficial Impact for TTC Men Presented at Medical Meeting

Earlier this month, at the American Society of Andrology Annual Meeting in Philadelphia, PA, INGfertility presented a study titled "Prospective Study of FertilAid Vitamin in Men with Low Sperm Quality". This was a 90-day, randomized, placebo controlled clinical trial. The "design" of the study was important as it minimizes bias and provides more meaningful information with regard to the actual benefits of the vitamin supplement. The study was open to trying-to-conceive men with abnormal sperm parameters. Individuals who qualified for study participation were randomly (by chance) assigned to take either the FertilAid for Men supplement or an identical placebo for 90 days. Sperm samples were collected by masturbation prior to starting the treatment and at the end of treatment. It is difficult to recruit participants for these types of studies because most trying-to-conceive men are not interested in having a 50:50 change of receiving a placebo.

Fourteen men completed the trial. Eight of the 14 subjects were randomized to FertilAid for Men and 6 were randomized to placebo. No significant difference existed for demographics or sperm parameters between the groups at initial analysis. In spite of the small sample size, significant improvements were found for men taking FertilAid for Men, with regards to the total number of normal-motile sperm in the ejaculate. This is the overall number of normally shaped and swimming sperm. Total normal-motile sperm counts, and total motile counts have been shown in several studies to have a positive predictive relationship with fertility outcomes. Although the mechanisms are not clearly understood, antioxidant enriched vitamin supplements such as FertilAid for Men may benefit subfertile men by boosting levels of endogenous antioxidants in semen. Several studies have reported that this population of men has low semen levels of antioxidants making their sperm more susceptible to reactive oxygen species damage, including damage to sperm chromatin.

The feedback from our presentation at the meeting was very positive. Physicians and other scientists were particularly pleased with the randomized and placebo controlled design of the study. A frequently asked question was the cost for the supplement. The monthly cost (based on prices posted on the internet) of approximately \$30 was thought to be very reasonable by those who inquired.

The manufacturer of FertilAid for Men (Fairhaven Health) contracted INGfertility to design and conduct this study. INGfertility does not sell FertilAid for Men. It does, however, include rebate coupons for FertilAid in some of its Pre-Seed packages, based on Dr. E's endorsement and recommendation of this product for couples who are trying to conceive.



For a more detailed look at this poster, please click on the image above.

Dennis Clifton, PharmD

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